



Tues, Feb 28th 6:30pm

Creating a High-Performing Mindset in Our Kids

Join us for a fascinating talk with national keynote John O'Sullivan, author of *Changing the Game*. Youth sports has become an ultra-competitive, adult centered enterprise that has taken the "play" out of "Play ball" for far too many kids, but we can change that. In this talk, you will learn:

- 3 ways to improve your kids' sports experience
- To motivate your kids to take ownership
- To help, not hinder, your kids' performance and enjoyment

John O'Sullivan

Author and Keynote

Issaquah High School
Theater

Register at

http://ParentWiser.org

Free for PTSA members of Issaquah School District, non-members \$10 donation at door

For parents of K-12





